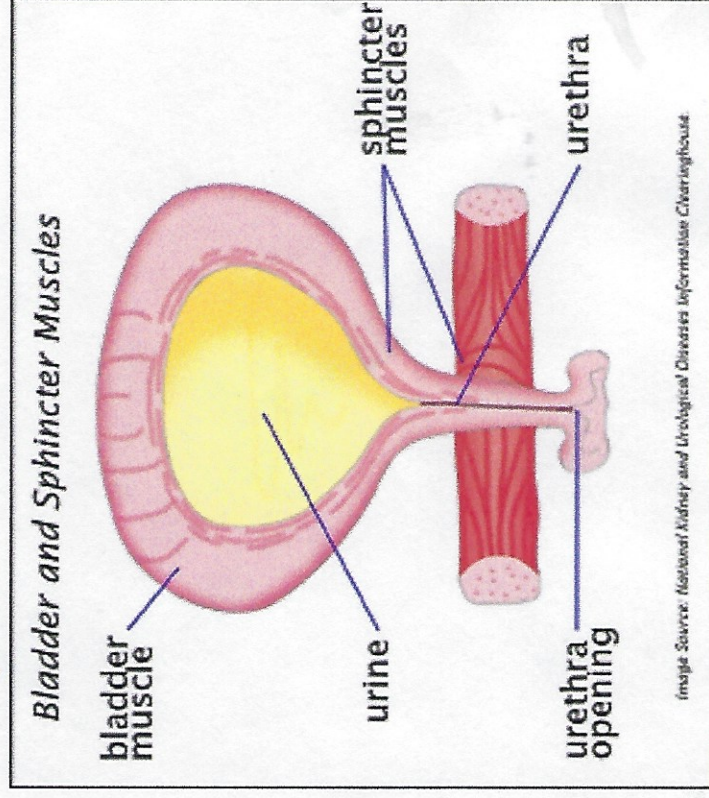
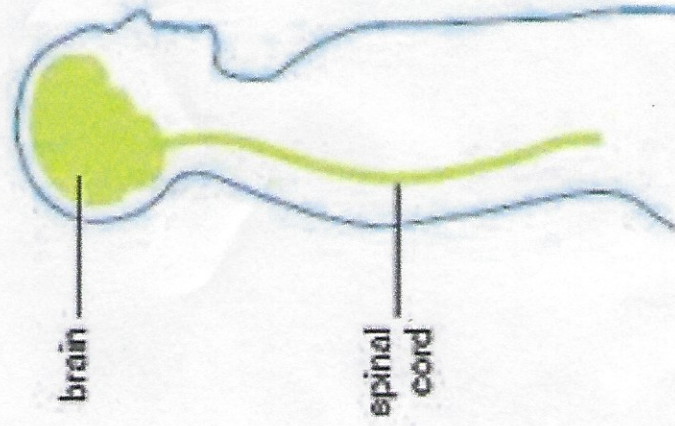


How Does a Normal Bladder Work?



Constipation

Causes and Contributing Factors

- Impaired Mobility
- Decreased Bowel Motility
- Reduced/ Ignored Sensation/ Urge
- Weak Abdominal Muscles
- Nutrition and Fluid intake
- Medications-
(bladder meds, pain meds)

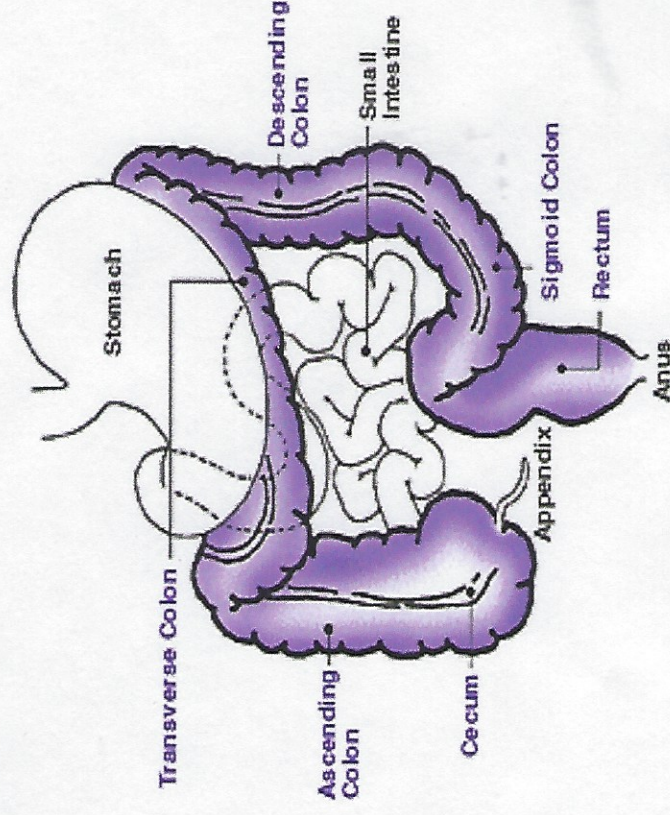


Diagram of the Colon and Rectum