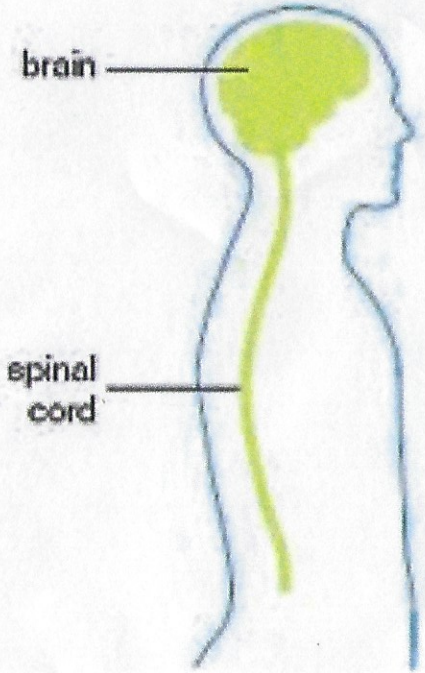
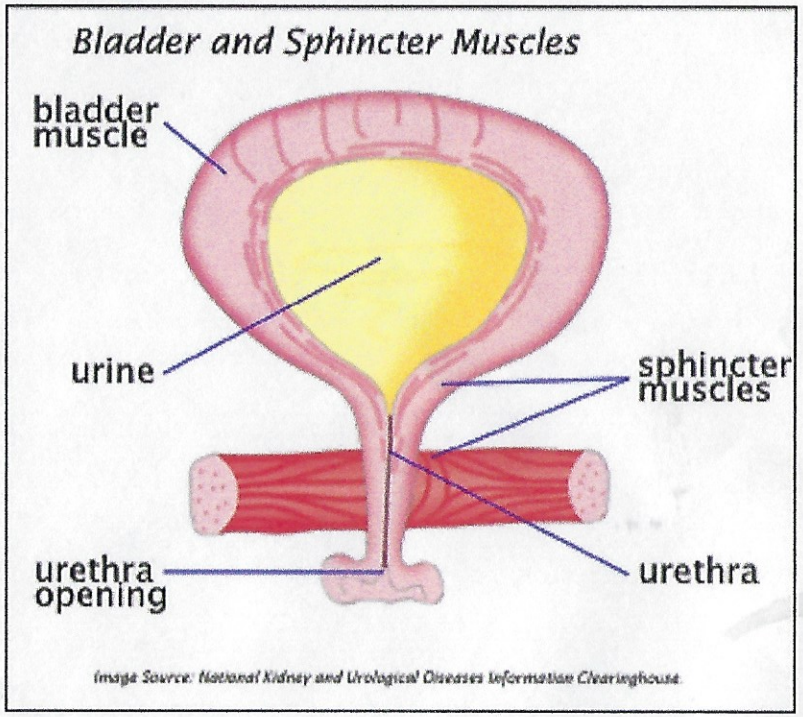
How Does a Normal Bladder Work?





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Constipation
Causes and Contributing Factors

- Impaired Mobility
- Decreased Bowel Motility
- Reduced/ Ignored Sensation/ Urge
- Weak Abdominal Muscles
- Nutrition and Fluid intake
- Medications-
  (bladder meds, pain meds)

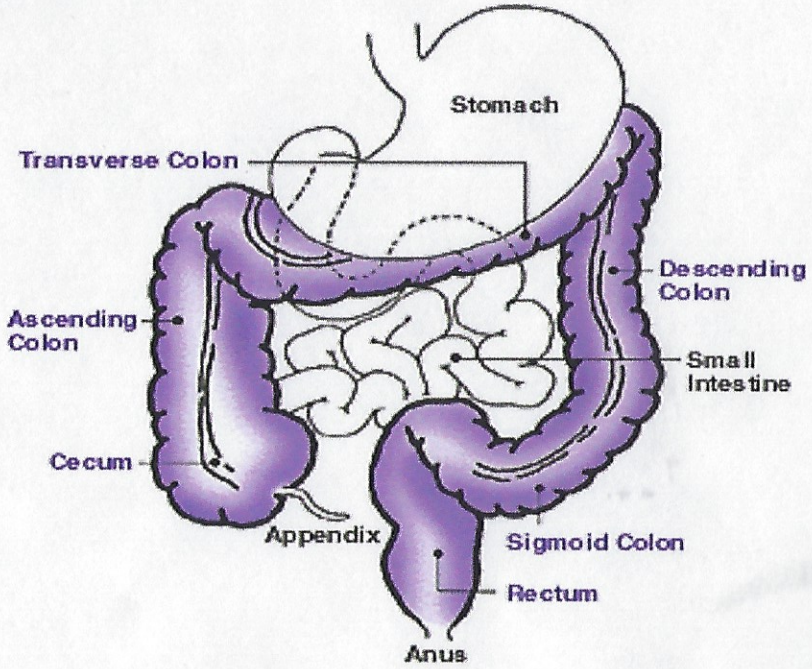


Diagram of the Colon and Rectum