



Sara Tucker has a passion for working with seniors and has been serving the senior community for over 15 years. She grew up in the midwest, where she earned degrees in therapeutic recreation and recreation administration. Moving out to Colorado allowed her to both find her dream job and to live her dream life enjoying the outdoor activities in the beautiful Colorado landscape.

Sara Tucker
Director of Senior Programs
Colorado Springs Senior Center



In her free time, Sara enjoys hiking with her husband and 3 dogs, doing yoga, and attempting to play music. She has thoroughly enjoyed her time working at the Senior Center, and continues striving to help each of its patrons grow and find greater fulfillment in their lives.