



The Role of Occupational Therapy in the Treatment of Multiple Sclerosis

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UC HEALTH OUTPATIENT REHAB SERVICES

Occupational Therapy May Help You:

- Improve your ability to do your everyday routines.
- Gain strength and coordination.
- Conserve energy.
- Restore some of the memory and focus you feel you have lost.
- Improve your productivity at work and/or delay the need to retire early.
- Continue enjoying your hobbies and pastimes

Biography: Currently resides in Colorado Springs with her husband and works full time as an outpatient neuro and orthopedic Occupational Therapist with a BS in OT. She has two sons who are grown and three grandchildren. Sherri has 39 years of experience as an OT working over the years at every level of care including acute care, rehabilitation centers, home health, and skilled nursing facilities. She has spent the last 21 years working for Memorial Hospital: University of Colorado Health in Colorado Springs primarily in neurologic rehab services on an interdisciplinary rehab team. She has extensive experience working with the MS population. She enjoys walking and hiking, yoga, barre, spending time with family, and Christian Fellowship groups.

The presentation will include reasons why a referral to Occupational Therapy could benefit MS patients along their continuum of care. Recommendations will also be made regarding whether Acute Rehab, Home Care, or Outpatient Rehab would be the most appropriate level of care and how to go about getting a referral.