



# Patty Glatfelter

MSA Board Member and  
Host of the "PT with Patty" Program



Joining the Board in 2022, Patty is a retired physical therapist who was licensed in three states, and who practiced in Oregon, California and Colorado. She served clients in hospitals and rehabilitation clinics, provided consultation services for home health agencies, long term care facilities and professional U.S. triathletes. Her expertise in various neurological impairments in all age groups made her an ideal consultant for Easter Seals and the National Multiple Sclerosis Society. Patty previously taught Matter of Balance classes, Adaptive Physical Education programs in community colleges and provided physical therapy assessments at local health fairs.

Her devotion to her career as a PT was inspired by helping care for her mom who suffered paraplegia subsequent to a cancer diagnosis in 1961. In 1990, Patty was diagnosed with Multiple Sclerosis. Patty has participated in a variety of programs through the National MS Society and attended the MS CANDO program in 1992-back in the program's infancy, when it was still known at the Jimmy Huega Program. She dialed back her career in 2008 and returned to part-time work from 2009 to 2012. Once again, she shifted her focus to retirement but the desire to utilize her PT skills and first-hand knowledge of living with MS drew her back to volunteering. Nikki Pfeiffer of the Multiple Sclerosis Alliance of Southern Colorado discovered Patty and her amazing abilities.

For the past 3 years, Patty has hosted MSA's "PT with Patty" program. This popular series is presented over Zoom, allowing participants of all functional levels equal access to MS-specific exercises and self-care in the comfort of their own homes. Managing multiple sclerosis herself for 35 years, Patty is an invaluable addition to the Board.

