

# Multidisciplinary Care for Those with Multiple Sclerosis

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1

## Disclaimer

The information provided is intended to be educational in nature to provide potential ideas and to provide evidence in support of resources for persons with MS. The presenter and his business do not have any affiliation or business contracts with any providers listed.

2

## Possible Impairments or Symptoms of MS

Balance  
Gait  
Weakness  
Bowel/bladder  
Cognition  
Speech  
Swallow  
Sexual dysfunction  
Breathing issues

Visual deficits  
Sensory changes  
Impaired coordination  
Mental health disorders  
Fatigue  
Pain  
Spasticity  
Dizziness  
Tremor

3

## Rehabilitation/Therapy Specialists

### Physical Therapist

- Identify neuro specialist
- NCS (Board Certified Clinical Specialist in Neurologic Physical Therapy)

### Occupational Therapist

### Speech Therapist

### Dietician

### Mental Health Therapist

- LCSW
- LPC
- LMFT

### Neuropsychologist

4

## Other Physicians

- Neurologist
  - MS Specialist
- Physiatrist or Physical Medicine and Rehabilitation Specialist
- Orthopedist
- Urologist
- GI Specialist
- Primary Care

5

## Vision Specialists

Neuro-optometrist

Neuro-ophthalmologist

Vision Therapist

- OT or above listed

6

## Dizziness or Inner Ear

- Otolaryngologist (ENT)
- Audiologist

7

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8

## Community Recreation

### Therapeutic Recreation/Adaptive Resources

- Colorado Springs Therapeutic Recreation Program
- Lockwood Foundation
- Crested Butte Adaptive Sports Center
- National Sports Center for the Disabled

### Hippotherapy

9

## Others

- Chiropractor
- Massage Therapist
- Personal Trainer
- Naturopathic Physician

10

## Questions

Neuro Logic Rehabilitation and Wellness

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